Recognizing the Parkinson's Disease Foundation Women & Parkinson's Disease Initiative
Advancing women's issues • Providing women's resources • Promoting women's efforts for Parkinson's disease

Women & PD: What’s New?

Order Tickets
In Advance: No ticket sales at the door

$20 per ticket - or -
$32 per ticket including box lunch. Lunch menu on the back of this flyer. Send check to Darcy Blake. You’ll receive confirmation when check is received. Send checks to:
Darcy Blake
57 Oakwood Drive
Redwood City, CA 94061
Attendees’ names will be on a list at the door.

Wheelchair access available
Free convenient parking

Questions?
parkinsonswomen@gmail.com

October 29, 2016, 10:45 am – 3:00 pm
Redwood Shores Library, 399 Marine Pkwy, Redwood City

AGENDA
10:45-11:25 am Check-In and socialize
11:05–11:20 am Hula session with Ann Boylan
11:25 am Master of Ceremonies
11:30
Dr. Julie Andersen
Professor at the Buck Institute for Research on Aging, renowned expert on age-related neurodegenerative disease.
12:00
Dr. Kathleen Poston
Assistant Professor of Neurology & Neurological Sciences and Neurosurgery at Stanford University Medical Center, discusses what to consider when volunteering for clinical trials, and why they’re so important for women with lab manager, Taylor Rosealynn Hendershott, and volunteer Elaine Sulzberger.
12:35 pm Lunch from the Cafe, returning to seats at 1:20 pm
1:25 pm
Dr. Karl Heilbron, 23andMe, Post-doctoral computational biologist speaking about women and PD.
2:00 pm
Dr. Jill Ostrem, Professor of Neurology in the UCSF School of Medicine and a member of the American Academy of Neurology and the Movement Disorders Society. Dr. Melanie Brandabur, Medical Director, Ultragenyx Pharmaceuticals, Randy Hoffman, MA, CCC -SLP, Speech Language Pathologist and LSVT® certified expert, Palo Alto Speech Therapy and Parkinson’s Institute, Karen Merchant, RN, CNRN, Clinic Nurse in the UCSF Movement Disorder and Neuromodulation Center, Dr. Daniel Zwilling, Circuit Therapeutics, Theresa Najjar, PT, NCS, founder of Synaptic Physical Therapy, Inc. on women and Parkinson’s disease!
2:45-3 pm Goodbyes

Presented by

Parkinson’s Women Support

Offering moral support, encouragement, and camaraderie for women who are living with Parkinson’s Disease. In 2015, members of our women’s group attended the Women and PD Initiative, presented by the Parkinson’s Disease Foundation (PDF.) The goal was to focus on issues facing women with PD. Attendees, in turn, volunteered to organize an event for women in their area. As a result, Parkinson’s Women Support is proud to present Women in PD: What’s New?

Check out our blog:
www.parkinsonswomen.com
Facebook: parkinsonswomen
Twitter: #parkinsonswomen

Thanks to MEDTRONIC DBS for providing refreshments
Medtronic
and National Parkinson Foundation for providing beverages

PARKINSON'S DISEASE FOUNDATION

Thanks to Parkinson’s Disease Foundation for supporting Women & PD programs
WOMEN & PD: WHAT’S NEW? LUNCH FORM

Circle one of 8 lunch choices- under sandwich box or salad box, and write your choice of one: F for fruit, or C for cookie. Sorry, no substitutions or custom orders! Please send us this form with your check, even if you’re not ordering lunch, so we can confirm that we received your check.

☐ SANDWICH BOX LUNCH (sandwich, potato chips, fruit or cookie)

1. **Tango Turkey**
   Turkey, chimichurri (pesto) sauce, cheese, fresh tomatoes, red onions, organic mixed lettuce on herb bread

2. **Sea Link Tuna**
   Tuna, special seasoning, fresh tomatoes, red onions, and organic mixed lettuce on whole wheat bread

3. **Egg Salad**
   Hard-boiled egg, special seasoning, fresh tomatoes, red onions, organic mixed lettuce on whole wheat bread

4. **Chicken Curry Salad**
   Chicken breast, golden raisins, curry sauce, fresh tomatoes, red onions, organic mixed lettuce on whole wheat bread

☐ SALAD BOX LUNCH (includes salad, potato chips, fruit or cookie)

5. **Energy Salad**
   Organic spinach, organic mixed lettuce, carrots, cucumber, red bell peppers, walnuts, pasta chia seed and hard-boiled egg with special house vinaigrette dressing.

6. **Antioxidant Salad**
   Kale, organic spinach, broccoli, blueberries, dried cranberries, red onion, pomegranate aioli dressing

7. **Omega “3” Salad**
   Organic spinach, kale, Kalamata olives, red onions, tuna, cherry tomatoes, grilled corn, and grilled asparagus with sweet balsamic aioli dressing

8. **Traditional Caesar Salad**
   Romaine lettuce, parmesan cheese, croutons with marinated chicken

Name ____________________________________________________________________

email ____________________________________________________________________

Send check made out to Darcy Blake to:

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