



DATE: October 11, 2019
LOCATION: Clarendon & Olympia Way
San Francisco, CA 94131
TIME: 10 AM - 12 PM

APDA Connecting Through Art

Connecting Through Art is a new creative arts program that offers people with PD the space and ability to express feelings, emotions, and daily concerns through the activity of drawing and painting. This program encourages participants to socialize as they participate in art activities and also helps them to strengthen their fine motor movements. It is open to any adult who has been diagnosed with Parkinson's disease and their care partners.

The program's first activity is an art class with instruction provided by The Art Cart's **Smile Through Art™** workshop. Complimentary refreshments will be provided. The program is free, but registration is required.

To register or for additional information, including ADA accommodations, please contact:

Samuel Yee - 415-353-4628 or Samuel.yee@ucsf.edu

apdaparkinson.org

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