



Just for Teens: A Parkinson's Disease Support Group

If you are 13-19 years old and **have a parent living with Parkinson's disease**, you're not alone – and we'd love to connect with you.

The American Parkinson Disease Association is offering a new virtual support group for teens who understand the unique challenges and emotions that come with having a parent with Parkinson's disease. This will be a safe, welcoming space to share experiences with other teens, ask questions, and support one another. Whether you want to talk, listen, or just hang out with others who “get it,” you're invited to join us!

Facilitated by Anushka Shiell, MS.

First Thursday of Every Month
Beginning October 2, 2025
*New members are welcome
at any meeting.*

7 - 8 PM ET
6 - 7 PM CT
4 - 5 PM PT

**A virtual program
(via Zoom)**

Registration is required.

Email Anushka Shiell, MS, at
ashiell@apdaparkinson.org.