



Stanford
MEDICINE



**AMERICAN
PARKINSON DISEASE
ASSOCIATION**
Strength in optimism. Hope in progress.

A New Path to Parkinson's Prevention and Treatment

Dr. Ray Dorsey, world-renowned “champion for change” for Parkinson’s disease (PD), is on a national book tour, sharing the science, stories, and urgency behind “The Parkinson’s Plan,” his New York Times bestseller.

Stanford's APDA Information & Referral Center's welcomes Dr. Dorsey at two local venues on Wednesday, January 28, 2026. Dr. Dorsey will discuss some of the 25 steps necessary to lower your risk of developing Parkinson's and, if you have PD, slowing decline.

Dr. Dorsey will be in conversation with Stanford's Robin Riddle and welcomes audience questions. Join us!

Wednesday, January 28, 10:10-11:40am

Belmont Library, 1110 Alameda de las Pulgas, Belmont

Wednesday, January 28, 2:30-4pm

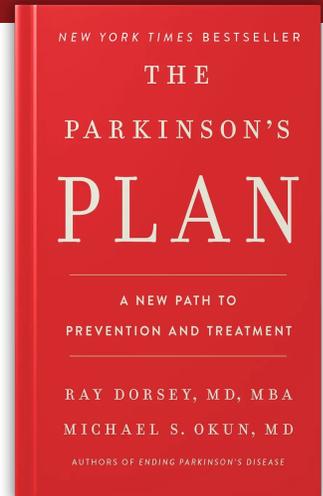
Little House, 800 Middle Ave., Menlo Park

Space is limited at each venue.

RSVP Now: Stanford APDA, Denise Dagan, ddagan@stanford.edu, phone 650-867-7419. Please share your name, how many are in your party (4 maximum), and preferred location (Belmont or Menlo Park). If you leave voicemail, please share your phone number if we have questions.

RSVP deadline: January 26, 2026

Note: There is no virtual option, and these conversations will not be recorded.



For further details about the venues, parking, and the speaker, see our blog post.

